



Interior design house Run For The Hills re-purposed a vintage serving table to create this generous freestanding washstand. Teamed with countertop basins and wall-mounted taps meant the minimum adaptation was required (runforthehills.com)

### Reclaiming the past

Including pre-used items in your new scheme will have less of an environmental impact than buying new and reduces plastic waste along the way.

Re-purposing old furniture is a relatively easy way to also reduce landfill and create a completely unique design. Reclamation yards stock, and can source, materials such as stone, timber and tiles, plus bathroom fixtures and fittings, but be aware of provenance and look to companies displaying the Salvo code (salvo.co.uk).

Some items may require refurbishment or modification, but if this is not an option for you, buying from a specialist supplier could be the way forward. Antique Baths of Ivybridge (antiquebaths.com) offer restoration services, in addition to

**'Using reclaimed timber in the bathroom is a good option as older wood is less susceptible to the shrinkage that you might get with new timber'**

their range of fully restored and reclaimed baths. All the taps from Bert & May (bertandmay.com) have been fully refurbished, tested and are compatible with modern-day plumbing. Reclaimed tiles and terracotta from Maitland & Poate (maitlandandpoate.com) are also meticulously cleaned prior to sale, while Lapidica (lapidica.com) can custom cut their reclaimed stone tiles to order. Ted Todd (tedtodd.co.uk) also offers both reclaimed and antique wood flooring.

'Using reclaimed timber for wall surfaces, countertops and even bath surrounds is a good option in the bathroom as older wood is less susceptible to the shrinkage and movement that you might get with new timber,' says Kathryn Watts, creative director at Exto (exto.london).

As well as offering an extensive range of reclaimed tiles, Bert & May also supply reclaimed timber cladding and flooring, salvaged marble basins and refurbished taps. These reclaimed Grey Patchwork encaustic tiles cost £295 (bertandmay.com)



### Natural choices

Using sustainable natural materials on the walls and floor, and for furniture, will have a minimal impact on the environment and helps create a healthier home.

Paints, such as those from Edward Bulmer (edwardbulmerpaint.co.uk) and Earthborn (earthbornpaints.co.uk) are made from ingredients such as plant extracts, chalk, clay, earth minerals and linseed. 'Our formulas are virtually VOC-free,' says Cathryn Helsby, marketing manager at Earthborn. Alternatively, tadelakt is a traditional waterproof, lime-based plaster that creates seamless, smooth surfaces throughout both wet and dry areas.

Look for responsibly sourced timber and stone, but check the stone's origins and extraction practises and ensure timber is FSC certified (fsc-uk.org).

Cork is a renewable material that works well in the bathroom; the Corka range by The Colour Flooring Company (colourflooring.co.uk) is both waterproof and 100 per cent recyclable. Forbo (forbo.com) produces carbon-neutral linoleum, made from solidified linseed oil, ground cork, limestone and jute, that is biodegradable, water-resistant and free from emissions. It's sold under the Marmoleum brand.

When it comes to furniture, the hardwood bathroom range by Victoria + Albert (vandabaths.com) is crafted from certified timber, as are eco-friendly teak baths, basins and cladding by William Garvey (williamgarvey.co.uk).

► **Turn to p132 to read the case study of a bathroom renovation that uses reclaimed material** ►



ABOVE Mandarin Stone check certification and ISO systems in regard to environmental law for all their stone, including this Pyrenees Chevron mosaic, from £204.62 per sqm, shown with a Calacatta Honed Marble Pluto basin, £354 (mandarinstone.com)



### CLEAN AND GREEN

The co-founder of Wearth London (wearthlondon.com), Edward Davies, on how to reduce the amount of plastics in your bathroom cabinet

- Rather than using liquid soaps in plastic bottles, try soap bars, such as those by Soap Daze (soapdaze.com).
- Refillable products are another option. Zero waste shampoo by Kind Beauty (kindbeauty.com) is packaged in aluminium bottles that can be sent back for re-use.
- Made with organic oil and natural minerals, Georganics toothpaste (georganics.com) comes in a glass jar and is available in a range of flavours, including activated whitening charcoal made from coconut shells and peppermint essential oil. Use with a Life biodegradable bamboo brush.
- Switch to a continuous-use safety razor rather than a plastic disposable version. The Naked Shave Razor Kit at Wearth, £26.99, includes bamboo safety razor and recyclable metal blades.



Ark One sources all its timber from responsibly managed forests. Every element of the tree is used, and only natural oils and glues used in their flooring. Vulcano timber flooring costs from £115 per sqm supply only, or £195 per sqm supply and fit (arkone.co.uk)